

CPR/AED



Courses on cardiopulmonary resuscitation (CPR) provide the skills needed to recognize and respond to cardiovascular emergencies and choking for adults, children, and babies depending on the level of CPR chosen. Courses meet legislation requirements for provincial/territorial worker safety and insurance boards WSIB, and include the latest CPR guidelines and training in the use of an automated external defibrillator (AED).

DURATION

CPR C: 4-5 hours in class

CPR HCP: 6 hours in-class

INSTRUCTOR

First Aid Instructor through MedGlobe Synergy

PREREQUISITE

None

COMPLETION

- Successfully demonstrate skills and critical steps
- Attend and participate in 100% of the course

CERTIFICATION

1 year certification in CPR Level

RECERTIFICATION

CPR C: 3-4 hours in class hours

CPR HCP: 5 hours in class

PARTICIPANT MATERIALS

- CPR (manual)
- CPR certificate

COURSE CONTENT

- Responding to Emergencies
- Check, Call, Care
- Recovery position
- Choking – adult, child and baby
- Assisting with medications
- Angina and heart attack
- Stroke
- One-rescuer CPR and AED– adult, child and baby
- Deadly bleeding
- Jaw Thrust
- Pulse check
- Rescue breathing – adult, child and baby
- BVM – adult, child and baby
- Two-rescuer CPR and AED – adult, child and baby

Includes any other content required by specific legislation

REGISTRATION

- Online registration options available